

The monthly circle provides a core focus for Becoming's activities. The ritual emphasizes connection and communion with each other, the world around us, and the Divine.

We create a safe space to temporarily step outside of the hectic pace of our daily lives to re-affirm our relationships with the sacred that infuses everything that is. It is a time of thanksgiving and healing with caring and fun people.

Centering and Opening

Prior to the circle, we focus our awareness on our breath to calm us and draw our attention to the intent of the ritual. We visualize our inner fire growing stronger and combining with others to create our sacred space.

Honoring the World Around Us

The elements of earth, air, fire, and water are acknowledged and honored as sacred components of our lives.

*We drink out of a communal chalice. If you do not wish to drink after others, feel you might be contagious, or do not drink wine, feel free to pour your portion on the central altar as an offering.

Honoring our Deities

"The Divine abounds everywhere and dwells in everything; the Many are One." We offer words of praise and thanksgiving to our gods, goddesses, nature spirits, and ancestors. We offer libations of wine and other gifts to these powers as they have given to us.

Guided Meditation

Each month the meditation leads us on a journey to encounter aspects of ourselves through visualization and energy work individually and with the other people in circle.

Honoring the Divine in Each Other

"I honor and cherish the divine within you." The "Becoming secret handshake" or "divine spark mudra" is the core magic of the monthly circle. Having touched the divine within ourselves, we seek to share it with others and touch the divine within them.

Sharing

We share with each other our triumphs and challenges over the last month and ask for support for any future projects or events in the coming month.

Blessing the Source of Life

"As we bless the source of life, so are we blessed." Everything that we have is a gift. We honor this gift through partaking of bread and wine and sharing it with each other.

Grounding and Closing

We close the circle by grounding ourselves in the present and banking our inner fires for our life's journey. We take the connections we have reestablished in circle with us into the world.